## Think No More of Darkness

## I am White Eagle.

Take my hand. Let us walk in the sand together. Feel the sand shift under your bare feet with each step you take. Let the ocean's roar wash over you. And in the washing, feel it release all the tension—all the negativity dropping away from you—down into the sand beneath your feet. Let it drop down. Let it wash over you. And let the wave wash over you. And as it does, let go. Let go of all your fears, your worries, your concerns. Let negative thoughts flow out of you, into the sand, the all-absorbing sand.

The sand absorbs all. Negativity is converted, transformed, by the crystalline energy of the sand. The sand is like quartz—it absorbs all, transforms all, makes everything new. It cleanses you and refreshes you, it allows you to drop your deepest, darkest thoughts into its welcoming, all absorbing nature.

Feel the cleansing release through the bottoms of your feet into the depths of the sand. Each step you take releases one more strand that would hold you back. Each step heals the wounds that have so long afflicted you.

Feel the sand absorbing all, sucking away the flow of negativity. And in its place the sun rises upon you and cleanses your every pore and there in the light and the ocean waves and the sand you become Light. You are enlightened, you are emboldened, you are impressed with the positive thought of God and all that is, for it belongs to YOU. It is all yours.

Drain yourself of negativity and open yourself to receive the Pure Light, the Essence of your Being, the Wave of Happiness, the Purity of Enlightenment, the Wholesomeness of Robust Health, the Heaps of Prosperity and Abundance.

Your light-filled nature beams with the Radiance no one can put out. It beams across the years, across the centuries, across the ages, and transforms all that it sees. For in the Light you are whole, you are one with the All and the All is one with you. And there from that height, from that purity of inner being, all shall be transformed, not just you, but all the world with you.

Breathe in the holiness of this hour, of this Light that surrounds you, of the power within you, the strength you can manifest and all the Love that streams forth from your heart of hearts. And stay in this power forever, for there you shall know the truth, be the truth and see the truth and forever walk in the truth, secure in your own being and all that you are, all that you ever have been, all that you ever will be.

The revelation of the Christ within you stirs abroad in all the land. You shall all be transformed. The higher gift is yours. Cherish it. Bring it to fruition.

Empty yourself in the sand, the waves will carry it away to other shores— the Peace that passes all understanding, the Love that fires the world, the Heart that beats within you, the Blessings that unfold upon all. Fill yourself with a shower of blessings.

Think no more of darkness, but beam the Light within you to all the world, that it, too, may glow in the Light, glow with the Light and Be the Light—for all to see. This is the blessing that is now upon us all. Send it forth—for that which is within you is precious.

Let it Be! Let it be Free! Let it Be!

Bless you my child. So be it. Amen. Bless you.